



MONDAY

STUDIO 1	STUDIO 2	STUDIO 3
4:00-4:30 Company Rehearsal	3:45-4:30 Mini Technique – Ms. Logan	3:30-4:15 Teen/Senior Heated Deep Stretch - Ms. Z
4:30-5:15 Junior Technique – Ms. Logan	4:30-5:30 Teen Ballet (1 of 2) – Ms. Z	4:30-5:00 Company Rehearsal
5:30-6:30 Junior Ballet (1 of 2) – Ms. Z	5:30-6:15 Teen Technique – Ms. Logan	5:00-5:45 Mini Jazz – Ms. Jenala
		5:45-6:15 Senior Stretch & Flex – Ms. Jenala
	6:15-7:00 Teen Jazz – Ms. Sophia	6:30-7:00 Junior Stretch & Flex – Ms. Jenala
6:30-7:45 Senior Ballet (1 of 2) – Ms. Z	7:00-7:45 Middle School Hip Hop - Ms. Jenala	7:00-7:30 Teen Stretch & Flex – Ms. Sophia
7:45-8:45 Pointe I – Ms. Z	7:45-8:30 Senior Jazz – Ms. Sophia	



TUESDAY

STUDIO 1	STUDIO 2	STUDIO 3
3:30-9:15 Company Rehearsals	2:45-8:45 Company Rehearsals	4:30-5:15 Tiny Toes Combo – Ms. Jenala
		5:15-5:45 KinderStarz Hip Hop – Ms. Jenala
		5:45-6:15 KinderStarz Tumble – Ms. Jenala
		6:30-7:00 Stretch & Flex – Ms. Sophia
		7:00-7:30 Stretch & Flex – Ms. Demi



WEDNESDAY

STUDIO 1	STUDIO 2	STUDIO 3
3:45-4:30 Mini Ballet – Ms. Z	3:30-4:30 Industry – Ms. Logan	
4:30-5:15 Junior Ballet (2 of 2) – Ms. Z	4:30-5:15 Company Rehearsal	4:30-5:15 Mini Contemporary – Ms. Demi
5:15-6:15 Teen Contemporary – Ms. Anna	5:15-5:30 Company Rehearsal	5:15-5:45 Tiny Toes Hip Hop/Tumble - Ms. Demi
	5:30-6:15 Company Rehearsal	5:45-6:30 Mini Turns, Leaps, Legs – Ms. Jenala
6:15-7:00 Teen/Senior Modern – Maria	6:15-7:00 Junior Turns, Leaps, Legs - Ms. Demi	6:30-7:00 Company Rehearsal
7:00-7:45 Teen Turns, Leaps, Legs – Ms. Demi	7:00-7:45 Junior Modern – Maria	
7:45-8:30 Teen/Senior Contemporary Basics – Ms. Aubrey	7:45-8:30 High School Hip Hop – Ms. Demi	
8:30-9:15 Teen/Senior Jazz Basics – Ms. Aubrey	8:30-9:15 Senior Turns, Leaps, Legs – Ms. Demi	



THURSDAY

STUDIO 1	STUDIO 2	STUDIO 3
	3:30-4:15 Senior Technique – Ms. Logan	
4:30-5:15 Junior Jazz – Ms. Sophia	4:15-5:15 Senior Movement Variations - Ms. Logan	4:15-5:15 KinderStarz Combo - Ms. Jenala
5:15-6:00 Pointe II – Ms. Z	5:15-6:00 Junior Movement Variations - Ms. Logan	
6:00-7:30 Senior Ballet (2 of 2) – Ms. Z	6:00-6:45 Junior Contemporary – Ms. Anna	
	6:45-7:45 Teen Movement Variations - Ms. Logan	6:45-7:30 Pre-Pointe – Ms. Ashton
7:45-8:45 Senior Contemporary – Ms. Ashton	7:45-9:15 Teen Ballet (2 of 2) – Ms. Z	



FRIDAY

STUDIO 1	STUDIO 2
3:30-4:15 1st-3rd Grade Hip Hop - Ms. Jenala	
4:15-5:15 Mini/Junior Contemporary/Jazz Basics - Ms. Autumn	4:30-5:15 Middle/High School Acro – Ms. Jenala
5:15-6:15 Teen/Senior Technique Basics - Ms. Autumn	5:15-6:00 Elementary Acro – Ms. Jenala
	6:00-6:45 4th-5th Grade Hip Hop – Ms. Jenala

SATURDAY

STUDIO 2	STUDIO 3
10:00-10:45 Elementary Hip-Hop - Ms. Jenala	9:45-10:30 Tiny Toes Combo – Ms. Aubrey
10:45-11:30 Elementary Dance Acro - Ms. Jenala	

Class Age Breakdown

- Mini (1st Grade through age 8)
- Junior (ages 9-11)
- Teen (ages 12-14)
- Senior (ages 15+)